



Anchored

8:45 a.m. + February 9, 2025

*A spiritual life is simply a life in which all that we do comes from the centre,
where we are anchored in God:
a life soaked through and through
by a sense of God's reality and claim,
and self-given to the great movement of God's will.*
Evelyn Underhill

Crossing the Threshold

Gathering Ourselves Together

Everything belongs.

*All the broken pieces,
The hurts that will not heal,
The scars that will not fade.*

God will hold them all.

*Cherish them and love them,
Nurture and restore them,
Until we are complete.*

*Everything belongs, for God is in all things.
We abide in him and he in us.
Goodness, wisdom, love, enfolding all we are.
Every hurt is held by him for everything belongs.*

"Everything Belongs"

Sitting with a Psalm

*I abandon myself to You, O Living Presence, my strength.
You are my rock, my stronghold, my freedom,
Almighty One, the rock and foundation of my life,
Just One, tower of strength,
the source of truth and light,
I call upon You, Heart of my heart,
singing praises to your Name,
and fear no longer holds me.*

Psalm 18, adapted by Nan Merrill

Seeking God's Presence

*Lord, I come to You,
Let my heart be changed, renewed.
Flowing from the grace that I've found in You.
And Lord, I've come to know,
The weaknesses I see in me,
Will be stripped away,
By the power of Your love.*

"The Power of Your Love"

*Hold me close,
Let Your love surround me.
Bring me near,
Draw me to Your side.
And as I wait, I'll rise up like the eagle.
And I will soar with You
Your Spirit leads me on,
In the power of Your love.*

*Lord, unveil my eyes,
Let me see You, face to face,
The knowledge of Your love as You live in me.
And Lord, renew my mind,
As Your will unfolds in my life,
In living every day,
By the power of Your love.*

*Hold me close,
Let Your love surround me.
Bring me near,
Draw me to Your side.
And as I wait, I'll rise up like the eagle.
And I will soar with You
Your Spirit leads me on,
In the power of Your love.*

Listening to the Wisdom of Julian (with sung response)

Revelations of Divine Love, chapter 54

I saw no difference between God and our substance, but as it were all God; and yet my understanding took that our substance is in God.... For the almighty truth of the Trinity is our father, for He made us and keeps us in Him. And the deep wisdom of the Trinity is our mother in whom we are all enclosed. The high goodness of the Trinity is our lord, and in Him we are enclosed, and He in us.

*Enclosed in All-Power,
Enclosed in All-Wisdom,
Enclosed in All-Goodness,
We are made one.*

We are enclosed in the Father, and we are enclosed in the Son, and we are enclosed in the Holy Spirit; and the Father is enclosed in us, and the Son is enclosed in us, and the Holy Spirit is enclosed in us – All-mighty, All-wisdom, All-goodness: one God, one Lord.

*Enclosed in All-Power,
Enclosed in All-Wisdom,
Enclosed in All-Goodness,
We are made one.*

Seeking Solitude, Anchoring in God

Luke 6:12, Mark 3:7, John 6:15

*One of those days Jesus went out to a mountainside to pray,
and spent the night praying to God.*

*Yeshua withdrew with his disciples unto the Sea,
and a great multitude from Galilee followed him.*

*Yeshua, therefore, knowing that they were about to come seize him to make him King,
withdrew again into the Mountain, alone, by himself.*

Meditation

Listening to the Wisdom of Rumi (with sung response)

"Anchor Your Soul"

Anchor your soul in the Ocean of Love.

Love is an Ocean that has no bottom and no boundary.

It is an Ocean suspended in Eternity.

Submerge yourself in that Sea, live there forever.

One drop of it will give you hope.

Anything else will give you nothing but fear.

Anchor your soul in the Ocean of Love.

Silence

During these minutes of silence, simply rest in God's abiding and loving presence in this moment. You are in God and God is in you. Just be and relax. Center your attention in your heart and imagine your breath flowing in and out from your heart area. If it helps you to center, use a sacred prayer word such as Abba, Spirit, Jesus, Beloved, Light, or Love.

Seeking God's Presence

"The Power of Your Love"

Hold me close,

Let Your love surround me.

Bring me near,

Draw me to Your side.

And as I wait, I'll rise up like the eagle.

And I will soar with You

Your Spirit leads me on,

In the power of Your love.

Communion

Gathering Ourselves Together

"Everything Belongs"

Everything belongs, for God is in all things.

We abide in him and he in us.

Goodness, wisdom, love, enfolding all we are.

Every hurt is held by him for everything belongs.

Receiving a Good Word



Our Staff

Haley Brown – Associate Director of The Anchor House

Courtney Garrison – Ministry Assistant

Peter Johns – Associate Director of Contemplative Worship

Zachary Montasser – Violinist

Rev. Rachel Sciretti – Associate Pastor

Rev. Dr. Michael Sciretti, Jr. – Pastor of The Center

Quartet

Jimena Montserrat – Soprano, Carolena Lara – Alto, Dallas Gray – Tenor, Nathan Holmes – Bass

Today's Music

'Everything Belongs' – Peter Johns, 'The Power of Your Love' – Geoff Bullock,

'Enclosed' – Michael Sciretti, Jr., 'Anchor Your Soul' – Michael Sciretti, Jr.

For information about The Center for Christian Spirituality and upcoming events, visit: www.TheCenterFCS.org.

Please register your presence in the notebooks in the foyer.

If you have a prayer request or seeking support, please contact Rachel Sciretti, rsciretti@chapelwood.org.

Centering Prayer
Today | The Chapel | after Contemplative Worship

Worship Response
Today | The Anchor House | 10:00 a.m.

SoulCollage: Open Studio
Today, February 9 | The Anchor House | 1:00 p.m. – 4:00 p.m.

Everyone is invited to join us in this fun, powerful method of using scissors and glue to create the story of your life. Each card we create has the potential for deep personal meaning and gives voice to an aspect of the self that helps us explore our inner wisdom. When we gather for an Open Studio, there is not a theme or presentation. We just allow Spirit to lead us into the images and see what happens when we engage in an afternoon of card-making.



Our Annual Aim & Pledge: Sent For This Purpose

To make your estimate of giving for 2025, use the QR Code to the right to be taken to a form where you can submit your estimate. Thank you for your contribution and investment.



Yoga at The Center: A Posture of Prayer

Monday, February 10 | The Anchor House | 6:00 p.m. – 7:00 p.m. | \$20 per class

In this course, led by Jonathan Mangrum, we will use the practice of yoga as a lens to explore what it means to embody spirituality. Each class will include time engaging in breath work, meditation, yoga postures, and poses.



Within Our Darkest Night: The Spirituality of Taizé

Wednesday, February 12 | The Anchor House | 6:30 p.m. – 8:00 p.m.

In this course, led by Peter Johns and Rev. Rachel Sciretti participants will be invited to engage the work of reconciliation in one's relationship to God, self, others, their community, world, and creation. The format of this class will be a mix of lecture and discussion, blending history, biography, theology, and maybe a little bit of music theory. Questions for personal reflection will be offered, inspired by the ministry of Brother Roger and the Taizé community.



Stewards of Your Future

Thursday, February 13 | The Anchor House | 10:00 a.m. – 11:30 a.m.

Preparing for retirement and estate planning can be overwhelming. Joe Pascoe will cover in this course various financial topics that he has learned from you and past clients are topics that are of concern to you and are not clearly described by your financial advisor or attorney.



The Anchor House Hours

Tuesdays – Fridays | Noon - 4pm

The Anchor House is open in the afternoons for you to come and pray, meditate, walk the Labyrinth or just be still. If you would like to request a specific room for spiritual direction, counseling or for your own time of retreat outside of these hours, please let Haley know and we will make sure a room is available for you.

HEAL Palestine Art Fundraiser

Saturday, February 22 | 1-5pm | The Anchor House

The Center and Chapelwood & Heal Executive board members Dr. Greg Stocks and Robin Brady invite you to join us in meeting these children and seeing their art, and the art of local artists who are creating advocacy art to help with the healing journey. HEAL Palestine is a non-profit organization founded in response to the massive devastation and loss in Gaza dedicated to helping Palestinian children rebuild their lives through a grassroots, holistic four-pillar approach of Health, Education, Aid, and Leadership. HEAL's local Houston Chapter welcomed three injured Gazan children and family members last summer: Mohommad Yasser Ahmend Abou Samoor, Rozan Moneer Arafat & Wassem Shaqura. While they receive charity surgeries and prostheses through Shriners Hospital Galveston and Texas Orthopedic, the HEAL chapter has been creating a community to support the children's healing journey as well as organizing fundraisers and awareness events to support their mental, physical, educational, spiritual, and financial needs.